

QUOTES ON *GOING THE DISTANCE: JOURNEYS OF RECOVERY*

"*Going the Distance: Journeys of Recovery* is the best documentary on traumatic brain injury I have seen yet. It is a great piece of work. The humor gives us relief, all the people are compelling speakers and the families are wonderful. The young Ian is especially moving. Well done! I send my prayers to the families."

Bob Woodruff, Traumatic Brain Injury survivor;
former Anchor, ABC News, *World News Tonight*

"Over 35 years of involvement with TBI, I've seen many videos on the subject. But *Going the Distance: Journeys of Recovery* is exceptionally powerful and well-made. It moved me to tears. It clearly conveys the strength of the human spirit to overcome adversity, particularly when there is family support, expertise and sufficient resources to propel the long journey of rehabilitation. The documentary doesn't minimize the challenges of that journey, yet it finds ways to depict hope and inspiration in the very tough struggles of rebuilding one's life."

Marilyn Price Spivack, Co-founder and Past President
Brain Injury Association of America
NeuroTrauma Outreach Coordinator, *Spaulding Rehabilitation Hospital*

"*Going the Distance: Journeys of Recovery* is insightful, thought-provoking and beautifully crafted. I am especially impressed by the hope, compassion and inspiration captured and conveyed throughout the film. It will clearly be an extremely welcome and valuable media resource for the TBI community."

Susan Connors, President/ CEO, *Brain Injury Association of America*

"This is my 32nd year in TBI rehab and we had the privilege of hosting a screening of *Going the Distance* here at Craig Hospital for patients, families, staff, and the community. The film was very well received. "Going the Distance" is an outstanding documentary of what four persons and families experienced following TBI- from the injury, through acute care, rehabilitation, post acute and long term. It was authentic and brutally honest, but sensitive at the same time. I particularly liked the family emphasis, which is often under-appreciated in catastrophic injury rehabilitation. Well done, David."

Kenny Hosack, M.A.
Director of Provider Relations
Craig Hospital
Rocky Mountain Regional Brain Injury System
Englewood, Colorado

"Having gone the distance with traumatic brain injury, I applaud David L. Brown for capturing so well our triumphs and losses in living with TBI. His film's four survivors poignantly illustrate our challenge in living with a TBI: the grinding frustration of coping with deficits; the forever grief over the loss of what might-have-been; the humor (all the more delicious because it is unexpected); and the joy in the victories. None of which are ever small. It enables the viewer to not only grasp how pervasive the problems are and how daunting the journey is, but to see how enormously benefited that trip may be with sufficient support from family members and the community. These are wonderful stories, beautifully and sensitively told, that can make you laugh and cry, but – most of all – appreciate the resilience of the human spirit and what is possible when one is given a hand up and a glimpse of hope."

— Dr. Claudia L Osborn, TBI survivor and author of *Over My Head: A Doctor's Own Story of Head Injury from the Inside Looking Out.*

"As the mother of a son with TBI, I am grateful to see a documentary that captures the impact of TBI on real people and real families. *Going the Distance* shows devastation -- changed personalities, lost careers, ruptured relationships -- but also hope, resilience and even humor. It reinforces that TBI isn't an 'incident' but a lifelong condition that requires long-term support, treatment and understanding."

Joan Ryan,
Journalist, author *The Water Giver* (about her son with TBI and the family's challenges in accepting and adapting to the "new" son)

"I have been involved with the treatment of traumatic brain injury for twenty years. *Going the Distance: Journeys of Recovery* is the best documentary film I have seen on TBI. It is not only inspirational for any audience whether they are living with a disability or not but also educational for a broad public about the daily challenges endured by TBI survivors."

Gillian Hotz, PhD
Director KiDZ Neuroscience Center
University of Miami Miller School of Medicine

"*Going the Distance: Journeys of Recovery* is an excellent and inspiring film that should be viewed by a broad television audience as well as all university students preparing for careers in health-related professions, especially those likely to be involved with survivors of traumatic brain injury (TBI). In this very well-produced film, David L. Brown has captured the challenges, struggles, disappointments, and successes of individuals battling to overcome the physical, cognitive, communication and social disabilities that often result from TBI. I highly recommend that "Going the Distance" be used as a teaching tool in courses related to all aspects of TBI rehabilitation. Filmmaker Brown will develop a discussion/ resource guide that will be an invaluable complement to this fine and timely film."

Nancy Helm-Estabrooks, Sc.D., CCC- SLP, BC- ANCCS
Congresswoman Gabrielle Giffords' Speech Pathologist
Professor Emeritus, Department of Communication Science and Disorders
College of Health and Human Services, Western North Carolina University

"*Going the Distance: Journeys of Recovery* is a powerful and moving documentary. For those who have "gone the distance," the stories will be particularly meaningful and poignant. For those who are "just beginning the journey," the path ahead, while challenging and complex, is also filled with hope and love. By far, it is the portraits of the courageous individuals with brain injuries and their families that viewers will most admire and be inspired by. This excellent documentary deserves to be seen by the widest possible audience."

Ron Savage, Chairman, North American Brain Injury Society (NABIS)

As Congresswoman Gabrielle Giffords' Music Therapist and Brain Injury Specialist, it was a pleasure to screen the film "Going the Distance." This excellent film truly portrays the realities of the new life for those suffering from the catastrophe of traumatic brain injury and the life changes their families endure as well. The film presents a compelling picture to the non-medical world of how a person's normal life can change in an instant and transition into a "new normal". More importantly, it confirms the importance of therapy including alternative therapies and loving support in the rehabilitation process involving the whole brain and in turn healing the whole person."

Maegan Morrow MT-BC
Neurologic Music Therapy Fellow
TIRR/Memorial Hermann Hospital
Houston Texas Medical Center

Dear Mr. Brown...I wanted to forward this notice (below with attached picture) that I had put out on Facebook following the screening of your very effective and moving documentary. As a co-founding member of the NBIF, and an Occupational Therapist by profession, I am quite inspired by this film, and so completely renewed in my desire and dedication to continue to learn; to gain more knowledge, invoke interest, bring light, hope, and better understanding to the very complex phenomena of brain injury.

Your film does this....and more...as it has such a positive message, and strength in it's presentation of both the physical and psychsocial aspects of recovery, and rebuilding one's life. Quality of life issues and choices are personal and individual for each of us. Support and understanding is key! To educate in a sensitive, intelligent, and conscientious manner, as your film does, is a great gift! Thank-you!

Sincerely~Donna Kilgore

On the Marquee at the Utica, NY Uptown Theater, (see attached pic) 'Going the Distance: Journey's of Recovery'... filmmaker David L. Brown's documentay chronicaling the personal stories of four individuals living with brain injury, is beautifully filmed~ and an honestly told~ tribute to the power of the human spirit.

In support of Brain Injury Awareness Month, the NBIF is honored and deeply grateful to have been entrusted to present this truly enlightening and educational film to the community.
