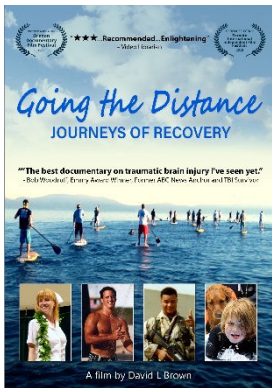


Going the Distance: Journeys of Recovery

Highly Recommended

Disabilities, Health Sciences, Physiology, Psychology, Rehabilitation

Reviewed by Michael Fein, Coordinator of Library Services, Central Virginia Community College, Lynchburg, VA



This production looks at the lives of four individuals affected by traumatic brain injury (TBI.) They each survived different types of incidents which caused their TBI: an automobile accident, a criminal assault, combat, and a motorcycle accident. They range in age from a child in grade school to those approaching thirty years of age. The depictions of each person's will to recover and overcome their hardships are quite inspiring. They all seem to realize very quickly that he/she must re-invent him or herself in order to survive and then recover. All of them show great determination and heart and quite often more than a bit of humor. Technically, no flaws were perceived. Collections dealing with medical sciences and rehabilitation will find this most useful.

Awards

Winner, Most Inspirational Film, Oregon Documentary Film Festival, 2017

Award Winner, Hollywood International Independent Documentary Awards, 2018

2017

Distributed by EPF Media, 324 S. Beverly Drive, PMB 437, Beverly Hills, CA 90212; 310-839-1500

Directed by David L. Brown; Produced by David L. Brown; Robert Howard

DVD, color, 88 min, English

High School - General Adult